Crescent Point Energy Trust PRESS RELEASE

December 15, 2006

CRESCENT POINT ENERGY TRUST CONFIRMS DECEMBER 2006 DISTRIBUTION

Calgary Alberta - Crescent Point Energy Trust confirms that the cash distribution to be paid on January 15, 2007, in respect of December 2006 production, for unitholders of record on December 31, 2006, will be \$0.20 per trust unit. The ex-distribution date is December 27, 2006.

Crescent Point Energy Trust, is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

FOR FURTHER INFORMATION PLEASE CONTACT:

Crescent Point Energy Trust, c/o Crescent Point Resources Ltd., Trent Stangl, Manager Marketing and Investor Relations, Greg Tisdale, Chief Financial Officer, Telephone: (403) 693-0020, Telecopier: (403) 693-0070. Toll–free (Canada & United States) 1-888-693-0020.

Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

CRESCENT POINT ENERGY TRUST Suite 2800, 111 – 5th Avenue S.W. Calgary, Alberta T2P 3Y6 www.crescentpointenergy.com