



Crescent Point Energy Trust

PRESS RELEASE

CRESCENT POINT ENERGY TRUST CONFIRMS MARCH 2009 DISTRIBUTION

March 16, 2009 CALGARY, ALBERTA. Crescent Point Energy Trust (“Crescent Point” or the “Trust”) confirms that the cash distribution to be paid on April 15, 2009, in respect of March 2009 production, for unitholders of record on March 31, 2009 will be \$0.23 per trust unit. The ex-distribution date is March 27, 2009.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

FOR FURTHER INFORMATION PLEASE CONTACT:

Crescent Point Energy Trust, c/o Crescent Point Resources Inc., Trent Stangl, Vice President Marketing and Investor Relations, Greg Tisdale, Chief Financial Officer, Telephone: (403) 693-0020, Telecopier: (403) 693-0070. Toll-free (Canada & United States) 1-888-693-0020.

Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

CRESCENT POINT ENERGY TRUST
Suite 2800, 111 – 5th Avenue S.W.
Calgary, Alberta T2P 3Y6
www.crescentpointenergy.com