



# Crescent Point Energy Trust

## PRESS RELEASE

October 16, 2006

### CRESCENT POINT ENERGY TRUST UPDATES 2007 to 2009 COMMODITY HEDGING POSITION AND CONFIRMS OCTOBER 2006 DISTRIBUTION

Calgary Alberta - Crescent Point Energy Trust ("Crescent Point" or the "Trust") confirms that the cash distribution to be paid on November 15, 2006, in respect of October 2006 production, for unitholders of record on October 31, 2006, will be \$0.20 per trust unit. The ex-distribution date is October 27, 2006.

#### COMMODITY HEDGING POSITION

In order to protect cash flows, capital expenditure programs and the balance sheet, Crescent Point has since inception utilized a long-term commodity hedging program. The Trust continues to actively hedge a large portion of its production and has layered in additional hedges to protect cash flows associated with its previously announced merger with Mission Oil & Gas Inc. ("Mission"). The current hedge position, pro-forma Crescent Point and Mission, for the balance of 2006 and the years 2007, 2008 and 2009 are as follows:

	Average Hedged Volume (boe/d)	% of Production Volume Hedged	Average Hedge Price (\$C per boe)
Bal of 2006	8,500	47%	\$62
2007	11,000	52%	\$72
2008	9,000	42%	\$73
2009	2,800	13%	\$75

Note: Volumes are after royalty owner share.

Crescent Point utilizes a combination of fixed price swaps, costless collars and put option structures to provide a conservative balance of downside protection and commodity price upside within its commodity hedging program. 52% of 2007 hedges and 50% of 2008 hedges are puts (floors) and costless collars, exposing the Trust to commodity price upside while protecting against price declines.

Crescent Point's Risk Management Policy provides for commodity hedges extending out three years with a limit on collars and swaps of 50% of after Crown royalty volumes and a limit of 65% including put option structures.

Including the impacts of the commodity hedging program, the Trust's payout ratio sensitivities for 2007 pro-forma Mission are:

WTI Price Level (\$US per bbl)	Crescent Point Payout Ratio
\$65	76%
\$60	80%
\$50	85%
\$40	90%

Note: All cases based on \$7 per mcf natural gas and US\$0.89 exchange rate. A lower exchange rate assumption would reduce the above payout ratios.

Pro-forma Mission, Crescent Point's 2007 production is forecast to be 87% light and medium gravity crude oil and 13% natural gas. The Trust's balance sheet remains strong with a projected 2007 debt to cash flow ratio of less than 0.7 times assuming a crude oil price of US \$60.00 WTI/bbl; \$7.00/mcf AECO and \$0.89 US Exchange Rate. Crescent Point's unutilized bank lines are forecast to average more than \$250 million.

Management believes that a strong balance sheet and a disciplined commodity hedging program are crucial long-term elements in the success of the energy trust business model, the growth of production and reserves, and the sustainability of distributions.

For more detail regarding Crescent Point's commodity hedging program and 2007 financial guidance, please see the Trust's most recent Corporate Presentation at [www.crescentpointenergy.com](http://www.crescentpointenergy.com).

## FORWARD LOOKING STATEMENTS

Certain statements contained in this press release may constitute forward looking statements, including expectations of future production, cash flow and earnings. All forward-looking statements are based on the Crescent Point's beliefs and assumptions based on information available at the time the assumption was made. The use of any of the words "anticipate", "continue", "estimate", "expect", "may", "will", "project", "should", "believe" and similar expressions are intended to identify forward looking statements. By its nature, such forward-looking information involves known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward looking statements, including those material risks discussed in our annual information form under "Risk Factors" and in our MD&A under "Business Risks and Prospects". These risks include, but are not limited to: the risks associated with the oil and gas industry (e.g., operational risks in development, exploration and production; delays or changes in plans with respect to exploration or development projects or capital expenditures; the uncertainty of reserve estimates; the uncertainty of estimates and projections relating to production, costs and expenses, and health, safety and environmental risks), commodity price, price and exchange rate fluctuations and uncertainties resulting from potential delays or changes in plans with respect to exploration or development projects or capital expenditures. Additional information on these and other factors that could affect Crescent Point's operations or financial results are included in Crescent Point's reports on file with Canadian securities regulatory authorities. These statements speak only as of the date of this press release or as of the date specified in this press release. Readers are cautioned not to place undue reliance on this forward-looking information, which is given as of the date it is expressed herein or otherwise and, unless required by law, Crescent Point undertakes no obligation to update publicly or revise any forward-looking information, whether as a result of new information, future events or otherwise.

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Crescent Point is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

**CRESCENT POINT ENERGY TRUST**

Scott Saxberg,  
President and Chief Executive Officer

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**Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.**

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