



Crescent Point Energy Trust

PRESS RELEASE

CRESCENT POINT ENERGY TRUST ANNOUNCES FILING OF ITS 2008 YEAR END DISCLOSURE DOCUMENTS

March 31, 2009 CALGARY, ALBERTA. Crescent Point Energy Trust (the “Trust”) (TSX: CPG.un) today announces the filing of its audited annual financial statements and related notes, Management’s Discussion and Analysis, Annual Report and Annual Information Form (“AIF”) for the year ended December 31, 2008 on the System for Electronic Document Analysis and Retrieval (“SEDAR”).

The AIF contains additional details about the Trust’s reserves as required under National Instrument 51-101. Copies of these documents can be found on the SEDAR website at www.sedar.com.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

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Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

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